



Sunday, 23rd November 2025

Dear Parents/Guardians

Re: Invitation to Join the Junior Duke Award Programme

To encourage independence, confidence, resilience, and self-motivation, our school is offering an exciting programme called the *Junior Duke Award*. There are eight levels in total—one per year group—named the Nano Duke, Micro Duke, Mini Duke, and Junior Duke Awards. These are designed for children aged 3 to 11 and aim to build a wide range of life skills while helping them broaden their horizons and develop an appreciation of different cultures.

Each level contains a set of challenges, and in order to complete one level, your child will need to successfully finish a required number of these. The challenges include skills such as First Aid, ICT, Eco Awareness, Drama, Risk Management, Sport, Cookery, and even Fire Building, among others. Some of these skills will be taught and supported in school, but please note that many challenges will require time, commitment, and support outside of school, ideally with friends and family.

Once a level is completed, children will receive a well-earned certificate and badge in recognition of their efforts. All challenges should be completed by the end of the school year.

If your child would like to participate, the cost is **10 BD per child**, which covers the challenge booklet, completion certificate, and metal badge. The children have been introduced to the programme in school last week. The deadline for signing up is **Wednesday, 3rd December**.

👉 [Click here to register and make payment](#)

I would also like to invite parents to an information meeting on **Thursday, 27th November at 2:00 pm in the Parent's lounge in the Secondary Building**, for anyone who would like to learn more or ask questions. If you are unable to attend, I am happy to answer any queries by email at sam@capitalschoolbahrain.com

Thank you for your continued support. We look forward to seeing many children take on this exciting challenge.

Kind regards,

Samantha Lowe