



CAPITAL SCHOOL ENRICHMENTS BOOKLET

**Autumn Term
2025/2026
ACADEMIC YEAR**

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Application of 21st Century Skills

Learning Objective

Students will engage in enrichment classes to develop 21st Century skills while demonstrating the principles of being ready, respectful, and safe in their learning environment.

21ST CENTURY SKILLS

- CRITICAL THINKING AND PROBLEM SOLVING
- COLLABORATION AND COMMUNICATION
- CREATIVITY AND INNOVATION
- INFORMATION LITERACY
- DIGITAL LITERACY
- GLOBAL AND CULTURAL AWARENESS
- ADAPTABILITY AND RESILIENCE
- EMOTIONAL INTELLIGENCE

مدىسة العاصمة
CAPITAL SCHOOL

I. PRIMARY SCHOOL ENRICHMENT

Enrichment at Capital School Primary Phase

At Capital School, enrichment clubs give children the chance to explore new interests, develop talents, and learn skills outside of the classroom. They are designed to be fun, creative, and engaging, while also helping children work together, solve problems, and build confidence.

Enrichment is part of our belief that every child should have the opportunity to shine both inside and outside the classroom. These clubs are grouped into themes so parents and children can see the variety on offer. Some clubs are repeated for different age groups, and we have noted where these are designed for younger or older children.

Embedding 21st Century Skills in Enrichment Clubs

All of our enrichment clubs are thoughtfully designed to foster essential **21st Century Skills** that prepare pupils for success in learning and life. Through hands-on, collaborative, and inquiry-based experiences, pupils are encouraged to think critically, solve problems creatively, communicate effectively, and develop strong social and emotional competencies.

How We Decide on Enrichment Clubs

At Capital School, we want enrichment clubs to reflect on what pupils are most interested in and excited about. That's why our process for choosing them involves both staff planning and pupil voice:

1. **Gathering Ideas**
Teachers and staff put forward a wide range of possible clubs, covering sports, arts, creativity, science, languages, and wellbeing. These are designed to give children new experiences and chances to learn in fun, active ways.
2. **Pupil Voice**
Children have the opportunity to share their ideas and say what they would most like to see offered. This happens through class discussions and feedback to their teachers.
3. **Shortlisting**
From the long list of suggestions, a shortlist is created. This ensures that there is a balanced range of clubs across different themes (for example, sport, arts, science, and life skills) and that the options are suitable for different year groups.
4. **Voting**
Pupils then take part in a simple vote to decide which clubs will run that term. This gives every child the chance to influence the activities available, making sure our enrichment reflects their interests and passions.
5. **Final Selection**
The most popular clubs are then confirmed and timetabled. Where possible, we also keep a few ideas aside to develop in future terms, so children know their voices continue to shape what we offer.

A. STEM & Discovery

Science/STEM Club

Science/STEM Club is all about discovery, curiosity, and creativity. Each week pupils take on new investigations—testing reactions, building circuits, and solving real-world challenges

through teamwork and hands-on learning. The club blends science and technology, encouraging pupils to think critically, plan experiments, and evaluate their results. Whether exploring gravity, coding mini-robots, or engineering a bridge, children learn to ask questions, predict, test, and reflect. By combining logic with imagination, pupils build a strong foundation in scientific thinking and innovation.

Link to 21st century skill: This club develops critical thinking, collaboration, and problem-solving skills essential for 21st-century innovators.

Science Experiments

Science Experiments Club brings science to life through colourful, engaging activities. Children explore fizzing potions, magnets, floating and sinking, and more—learning that science is everywhere! Pupils work together to make predictions, observe carefully, and share what they discover. The club develops early investigative skills and confidence in using scientific vocabulary. It's a playful, hands-on introduction to the excitement of experimentation.

Link to 21st century skill: This club encourages curiosity, communication, and analytical thinking—skills vital for scientific inquiry and lifelong learning.

STEM

STEM Club inspires pupils to think like inventors. Children explore topics across Science, Technology, Engineering, and Maths through practical challenges. From designing balloon rockets to testing paper bridges, pupils learn how to investigate problems and find creative solutions. They develop resilience, teamwork, and problem-solving, seeing how science connects to the real world. Every session encourages curiosity and a love of discovery.

Link to 21st century skill: This club fosters creativity, teamwork, and resilience through real-world problem-solving and innovation.

Computing

Computing Club gives pupils the chance to explore coding, logic, and digital creativity. They learn about sequencing, algorithms, and how computers “think.” Using simple programs, pupils create animations, games, and interactive stories. The club encourages persistence, precision, and imagination while promoting safe and responsible computer use. For older pupils, sessions introduce more advanced coding and problem-solving challenges, helping them see technology as a tool for innovation and creativity.

Link to 21st century skill: This club enhances digital literacy, logical thinking, and perseverance—key skills in the modern technological world.

Coding/ICT

Coding Club empowers pupils to design, create, and code their own digital projects. They explore algorithms and logic through fun challenges such as programming mazes, games, and puzzles. The club builds computational thinking and resilience as children debug and improve their code. Pupils learn to approach mistakes as opportunities, building independence and digital confidence that supports their learning across the curriculum.

Link to 21st century skill: This club builds computational thinking, creativity, and resilience by encouraging learners to solve problems independently.

Eco Club

Eco Club inspires pupils to protect and care for the planet. Children take part in gardening, recycling, and sustainability projects around school. They learn about habitats, pollution, and conservation while developing teamwork and leadership skills. The club encourages pupils to think globally and act locally—showing how small actions can make a big difference. Each project helps children understand responsibility, respect, and environmental awareness.

Link to 21st century skill: This club promotes global citizenship, leadership, and responsibility for sustainability in the 21st century.

Junk Modelling

Junk Modelling Club is all about creativity and construction. Pupils use recycled materials to build sculptures, vehicles, and imaginative inventions. Each session encourages resourcefulness and problem-solving while exploring shape, structure, and balance. The club promotes teamwork, innovation, and sustainability, helping children see that “junk” can become something amazing.

Link to 21st century skill: This club encourages creativity, innovation, and environmental awareness through imaginative reuse and design thinking.

Junk Modelling & Construction

Older pupils extend their creative engineering skills by designing larger, more purposeful structures. They plan, test, and refine their ideas while discussing materials, strength, and purpose. The club builds confidence in collaboration and design thinking, linking science, art, and practical skill.

Link to 21st century skill: This club encourages creativity, innovation, and environmental awareness through imaginative reuse and design thinking.

Cooking Club

Cooking Club introduces children to simple, healthy recipes and kitchen skills. Pupils measure, mix, and create delicious snacks while learning about hygiene and nutrition. Each session builds independence, teamwork, and confidence. The club helps children make real-world connections—understanding where food comes from and the joy of sharing what they’ve made.

Link to 21st century skill: This club strengthens independence, teamwork, and real-world problem-solving—essential for lifelong learning and wellbeing.

B. Games & Strategy

Board Games

Board Games Club strengthens strategic thinking, patience, and teamwork. Younger pupils focus on turn-taking and fair play through simple, cooperative games. Older pupils explore logic and problem-solving through more complex games, building resilience and communication skills. Across all ages, the club promotes reasoning, friendship, and a healthy competitive spirit.

Link to 21st century skill: This club builds strategic thinking, cooperation, and patience, supporting logical reasoning and social awareness.

Book Club

Book Club celebrates imagination and the joy of reading. Pupils share favourite stories, discuss characters, and explore new genres. Younger pupils listen, retell, and illustrate, while older pupils analyse themes and compare authors. The club builds vocabulary, empathy, and a lifelong love of books.

Link to 21st century skill: This club enhances communication, empathy, and critical reflection—core 21st-century skills for global learners.

Comic Club

Comic Club combines storytelling and illustration. Pupils design characters, develop plots, and create their own comic strips. The club builds imagination, literacy, and artistic skills, showing pupils how words and pictures can work together to entertain and inspire.

Link to 21st century skill: This club integrates creativity, storytelling, and visual communication—skills vital for innovation and expression.

C. Creative Arts

Arts and Crafts

Arts and Crafts Club gives pupils the chance to design, make, and decorate using a wide range of materials. Younger children focus on colour, pattern, and texture through painting and collage, while older pupils experiment with 3D design, sewing, and mixed media. Across all age groups, pupils learn to plan and adapt their ideas, working independently or collaboratively. The club develops fine-motor control, patience, and imagination, showing that creativity has no limits.

Link to 21st century skill: This club nurtures creativity, collaboration, and perseverance—key elements of 21st-century learning.

Creative Corner

Creative Corner Club encourages pupils to explore art freely through different media. They draw, paint, sculpt, and design with inspiration from nature, culture, and imagination. The club promotes self-expression, confidence, and experimentation—helping pupils see art as a joyful way to communicate ideas and emotions.

Link to 21st century skill: This club promotes self-expression, innovation, and emotional intelligence through creative exploration.

Painting

Painting Club allows pupils to explore a variety of artistic styles and techniques, from watercolours to acrylics. They study colour mixing, shading, and brushwork while creating artwork inspired by themes, emotions, and famous artists. The club encourages focus,

expression, and creativity. Pupils learn how art can tell stories and express individuality while developing pride in their finished pieces.

Link to 21st century skill: This club supports focus, creativity, and self-expression, encouraging learners to communicate visually and thoughtfully.

Sketching

Sketching Club focuses on observation and precision. Pupils practise shading, line, and proportion through still-life, portraits, and imaginative drawings. The club helps children build confidence, patience, and an understanding of how artists use sketching to plan and create. It's a calm, reflective space for artistic growth.

Link to 21st century skill: This club develops observation, patience, and reflective practice—skills central to creative and critical thinking.

Textiles

Textiles Club introduces simple sewing, weaving, and fabric design. Pupils use bright materials to create patterns and decorations, improving fine-motor skills and creativity. They explore colour, texture, and design while building patience and perseverance. The club helps children take pride in creating something tangible and unique.

Link to 21st century skill: This club promotes perseverance, fine-motor control, and design thinking, encouraging attention to detail and creativity.

D. Languages & Culture

Around the World

Around the World Club takes pupils on a journey of discovery across continents. Each week focuses on a new country's culture, language, and traditions through crafts, food, and storytelling. The club encourages global awareness, curiosity, and respect for diversity. Pupils learn that exploring new cultures is fun, educational, and inspiring.

Link to 21st century skill: This club develops cultural awareness, curiosity, and respect for diversity—key skills for global citizenship.

E. Performing Arts & Expression

Music and Movement

Music and Movement Club lets pupils explore rhythm and expression through song and dance. Children move, sing, and play games that improve coordination, listening, and confidence. The club builds musical awareness in a joyful and energetic way, helping children develop a love of performance and teamwork.

Link to 21st century skill: This club enhances coordination, teamwork, and communication through rhythm and performance.

Puppet Theatre

Puppet Theatre Club combines storytelling, creativity, and drama. Pupils design and decorate

their own puppets, write scripts, and perform short plays. Each session promotes teamwork, imagination, and speaking confidence. Children practise expression and narrative in a fun, interactive setting.

Link to 21st century skill: This club builds creativity, storytelling, and teamwork, developing confidence and expressive communication.

Drama Club

Drama Club gives pupils the chance to act, perform, and express themselves. Younger pupils focus on imagination and role-play, while older ones explore stagecraft, voice projection, and teamwork. The club develops confidence, empathy, and collaboration as pupils bring stories to life. It's a space where creativity and courage shine.

Link to 21st century skill: This club develops confidence, empathy, and collaboration—essential for effective communication and leadership.

Dance Club

Dance Club encourages rhythm, expression, and fitness through creative movement. Pupils learn choreographed routines, explore different dance styles, and work together to perform. The club builds coordination, teamwork, and self-confidence. Each session promotes creativity, resilience, and joy through movement.

Link to 21st century skill: This club builds creativity, resilience, and teamwork, encouraging expressive movement and collaboration.

Singing

Singing Club celebrates music and confidence. Pupils learn vocal techniques, practise songs in harmony, and perform together. The club fosters teamwork, focus, and self-expression. Through singing, pupils gain appreciation for rhythm, tone, and the power of collective performance.

Link to 21st century skill: This club fosters teamwork, focus, and emotional expression—core communication skills for the 21st century.

Debating Club

Debating Club develops critical thinking, reasoning, and communication. Pupils learn how to research topics, form arguments, and express ideas respectfully. They gain confidence speaking in front of others, listening actively, and thinking on their feet. The club helps pupils articulate viewpoints clearly and thoughtfully.

Link to 21st century skill: This club strengthens critical thinking, reasoning, and persuasive communication for informed global citizenship.

F. Sports & Wellbeing

Fitness Fun

Fitness Fun Club introduces movement and coordination through games and activities. Pupils build strength, balance, and confidence while having fun. The focus is on active play and teamwork—helping children develop a love for movement from an early age.

Link to 21st century skill: This club encourages collaboration, perseverance, and wellbeing—skills for a balanced and resilient lifestyle.

Mindfulness

Mindfulness Club helps children relax, stretch, and focus. Pupils learn simple poses and breathing techniques to improve flexibility and calmness. The sessions encourage mindfulness, balance, and confidence, creating a sense of peace and wellbeing through gentle movement.

Link to 21st century skill: This club develops mindfulness, self-regulation, and focus, supporting emotional intelligence and wellbeing.

Sport

Sports Club keeps pupils active through a range of games that develop coordination, balance, and teamwork. Pupils practise skills across running, throwing, and catching while learning about fair play and resilience. It's all about having fun and staying healthy.

Link to 21st century skill: This club fosters teamwork, leadership, and sportsmanship—key skills for personal and social success.

Multisports

Multisports Club gives pupils the opportunity to enjoy different sports each week—football, basketball, tennis, and more. The club focuses on participation, cooperation, and respect. Pupils build endurance, coordination, and team spirit while developing a lifelong love of physical activity.

Link to 21st century skill: This club promotes cooperation, adaptability, and respect, enhancing both teamwork and resilience.

Volleyball

Volleyball Club introduces teamwork, coordination, and strategic play. Pupils learn the basics of serving, passing, and rallying, working together to improve communication and accuracy. It's energetic, inclusive, and encourages positive competition.

Link to 21st century skill: This club builds communication, collaboration, and strategic thinking through active teamwork.

Girls' Football

Girls' Football Club builds teamwork, confidence, and skill through sport. Pupils develop ball control, passing, and game awareness while learning about communication and fair play. The club promotes resilience and empowerment, encouraging every player to believe in her potential both on and off the field. Matches and friendly competitions help pupils showcase progress while having fun as a team.

Link to 21st century skill: This club promotes confidence, teamwork, and leadership—empowering pupils with essential 21st-century life skills.

G. Practical & Life Skills

Funky Fingers

Funky Fingers Club strengthens fine-motor control through fun, hands-on play. Pupils use tweezers, pegs, beads, and threading activities to build coordination and finger strength—

essential for writing. It's engaging, creative, and designed to boost independence and confidence through

Link to 21st century skill: This club enhances coordination, creativity, and perseverance—foundations for independence and problem-solving.

playful learning.

Knitting

Knitting Club introduces pupils to this traditional and rewarding skill. They learn how to cast on, knit, and create small projects while developing patience and focus. The club offers a calm, social atmosphere where pupils can relax, talk, and enjoy seeing their progress grow week by week.

Link to 21st century skill: This club builds patience, focus, and creativity, supporting mindfulness and perseverance in learning.

Cooking Club

Cooking Club helps pupils develop independence, creativity, and responsibility. They learn to follow steps carefully, measure ingredients, and work safely. It's a perfect combination of fun and practical life learning.

Link to 21st century skill: This club strengthens independence, teamwork, and real-world problem-solving—essential for lifelong learning and wellbeing.

II. SECONDARY SCHOOL ENRICHMENTS

Enrichment at Capital School Secondary Phase

This term, we are excited to offer our students a variety of enrichment classes! These lessons are designed to enhance the curriculum, broaden horizons, foster creativity, and support social and emotional development. The enrichment offerings for this term provide a diverse range of opportunities. Students participate in enrichment lessons on Wednesdays during Period 6.

Embedding 21st Century Skills in Enrichment Clubs

Students will engage in enrichment classes to develop 21st-century skills while demonstrating the principles of being ready, respectful, and safe in their learning environment.

Secondary Enrichment Classes and their Learning Objectives

A. STEM & Discovery

STEM Club (Practical)

Students will engage in hands on STEM club practicals, applying scientific concepts through experimentation and collaborative problem-solving.

Link to 21st century skill: Critical Thinking and Problem Solving, Collaboration and Communication, Creativity and Innovation.

Programming Club

Students will develop foundational programming skills by engaging in hands-on coding projects, fostering problem solving abilities, and understanding key concepts in computer science.

Link to 21st century skills: Digital Literacy, Critical Thinking and Problem Solving, Adaptability and Resilience.

Architecture

Students will enhance their architectural knowledge and digital skills by completing all online learning modules and short assessments in Planner 5D, culminating in a certificate that validates their proficiency in architectural design and software application.

Link to 21st century skills: Digital Literacy, Creativity and Innovation, Critical Thinking and Problem Solving.

Eco Club

Eco Club inspires pupils to protect and care for the planet. Children take part in gardening, recycling, and sustainability projects around school. They learn about habitats, pollution, and conservation while developing teamwork and leadership skills. The club encourages pupils to think globally and act locally—showing how small actions can make a big difference. Each project helps children understand responsibility, respect, and environmental awareness.
Link to 21st century skill: This club promotes global citizenship, leadership, and responsibility for sustainability in the 21st century.

Graphic Design - Canva & PhotoScape

Students will acquire foundational skills in graphic design using PhotoScape, enabling them to create and edit visual content effectively while understanding design principles and techniques.
Link to 21st century skills: Digital Literacy, Creativity and Innovation, Information Literacy.

Programming Club

Students will develop foundational programming skills by engaging in hands-on coding projects, fostering problem solving abilities, and understanding key concepts in computer science.
Link to 21st century skills: Digital Literacy, Critical Thinking and Problem Solving, Adaptability and Resilience.

Creative Writing

By the end of the enrichment, students will enhance their creative writing skills, essential for KS4 GCSE exams, and develop technology proficiency by learning to effectively use AI tools in their learning process.
Link to 21st century skills: Creativity and Innovation, Digital Literacy, Critical Thinking and Problem Solving.

B. Games & Strategy

Math Games

Students will build confidence in mathematics and cultivate a new passion for the subject by engaging in interactive activities and applying mathematical concepts to real world situations.
Link to 21st century skills: Critical Thinking and Problem Solving, Collaboration and Communication.

C. Creative Arts

The Sound of Arts

Students will integrate phonics with visual arts by creating artwork that represents sounds and letters, enhancing their understanding of phonetic concepts while fostering creativity and self-expression through artistic exploration.
Link to 21st century skills: Creativity and Innovation, Emotional Intelligence, Collaboration and Communication.

Introduction to Sculpture

Students will explore the fundamentals of sculpture, developing hands-on skills and creativity while gaining an understanding of various materials, techniques, and artistic concepts.

Link to 21st century skills: Creativity and Innovation, Emotional Intelligence, Adaptability and Resilience.

D. Languages & Culture

Spanish

Students will be able to read a text in Spanish, to understand short texts in the present tense and introduce themselves in Spanish.

Link to 21st century skills: Global and Cultural Awareness, Collaboration and Communication.

History Oddities

Students will think critically and express their opinions by reading unusual historical stories, enabling them to learn life lessons and envision alternative outcomes based on different choices.

Link to 21st century skills: Critical Thinking and Problem Solving, Creativity and Innovation.

History of Islam

Students will gain a comprehensive understanding of the history of Islam, including its origins, key figures, significant events, and cultural contributions, fostering a deeper appreciation of its impact on global history and society.

Link to 21st century skills: Global and Cultural Awareness, Information Literacy.

Memorizing the Holy Quran

Students will develop strategies for memorizing the Holy Quran.

Link to 21st century skills: Emotional Intelligence, Adaptability and Resilience, Information Literacy.

E. Performing Arts & Expression

Drama

Students will develop collaborative skills and cultural awareness by working in ensembles, engaging with complex scripts, and adopting challenging roles in live performances.

Link to 21st century skills: Collaboration and Communication, Emotional Intelligence, Global and Cultural Awareness.

Cinematic makeup

Students will explore the role of makeup in film and television, focusing on how it transforms characters, sets moods, and enhances storytelling on screen.

Link to 21st century skills: Creativity and Innovation, Emotional Intelligence, Global and Cultural Awareness.

Music

Students will confidently perform three songs as part of a short program, demonstrating knowledge of preparation techniques, executing warm-up and breathing exercises, and understanding the physical, mental, and emotional aspects of group performance.

Link to 21st century skills: Collaboration and Communication, Emotional Intelligence, Creativity and Innovation.

F. Sports & Wellbeing

Badminton

Students will gain a comprehensive understanding of badminton fundamentals, including techniques, rules, and strategies, while demonstrating the ability to apply these skills in gameplay.

Link to 21st century skills: Collaboration and Communication, Adaptability and Resilience.

Touch Rugby

Students will acquire a solid understanding of the fundamentals of rugby and demonstrate the ability to implement basic skills and strategies in gameplay.

Link to 21st century skills: Collaboration and Communication, Adaptability and Resilience.

Mindfulness

Students will develop an understanding of mindfulness practices and techniques, enabling them to cultivate awareness, reduce stress, and enhance their overall wellbeing.

Link to 21st century skills: Emotional Intelligence, Adaptability and Resilience.

G. Practical & Life Skills

The Kitchen Speaks Arabic

Students will learn basic cooking skills while acquiring Arabic vocabulary through the preparation of traditional dishes, enhancing their understanding of the Arabic language and culture.

Link to 21st century skills: Global and Cultural Awareness, Collaboration and Communication, Creativity and Innovation.

Public Speaking

Students will enhance their public speaking skills by practicing effective communication techniques and delivering presentations with confidence.

Link to 21st century skills: Collaboration and Communication, Emotional Intelligence, Critical Thinking and Problem Solving.

Journalism

Students will develop essential journalism skills, including researching, writing, and editing news articles, while understanding ethical standards and the role of journalism in society.

Link to 21st century skills: Information Literacy, Critical Thinking and Problem Solving, Collaboration and Communication.

KS4 Cooking

To develop kitchen skills and confidence and an appreciation of global cuisines and culture in a collaborative environment.

Link to 21st century skills: Collaboration and Communication, Global and Cultural Awareness, Adaptability and Resilience.



CERTIFICATE

of Recognition

This Certificate is Proudly Presented to

Student Name

for participating and completing the enrichment in

NAME OF THE ENRICHMENT

given this October 2025 at Capital School

Mr. Scott Holden
Head of Secondary /

Mr. William Winton
Head of Primary

Mr. Assheton Woodall
Principal